

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL	
OMB Number:	3235-0287
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1. Name and Address of Reporting Person * <u>LAPENTA ROBERT V</u> (Last) (First) (Middle) <u>C/O L-3 COMMUNICATIONS CORPORATION</u> <u>600 THIRD AVENUE</u> (Street) <u>NEW YORK</u> <u>NY</u> <u>10016</u> (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>L 3 COMMUNICATIONS HOLDINGS INC [LLL]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) <u>President and CFO</u>
	3. Date of Earliest Transaction (Month/Day/Year) <u>04/30/2004</u>	
	4. If Amendment, Date of Original Filed (Month/Day/Year)	

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	V	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Put option (right to sell)	(1)	04/30/2004		J(1)		1	05/05/2004	05/05/2004	Common Stock	300,000	(1)	0	D	
Put option (right to sell)	(1)	04/30/2004		J(1)		1	05/02/2005	05/02/2005	Common Stock	300,000	(1)	1	D	

Explanation of Responses:

1. See Exhibit 99.

/s/ Christopher C. Cambria
(Authorized Signatory)
05/04/2004
** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.
* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Robert V. LaPenta
Attachment to Form 4
L-3 Communications Holdings, Inc.
May 4, 2004

Note 1 On April 30, 2004, the Reporting Person amended a previously reported hedging arrangement termed a "variable prepaid forward agreement" with a securities broker relating to 300,000 shares of the Issuer's Common Stock, \$0.01 par value per share ("Shares"). The amendment has, among other things, extended the maturity of the instrument to May 2, 2005 and reset the cap and floor per share prices. Following the re-scheduled expiration date, the number of Shares deliverable upon exercise of such put may vary, reflecting a minimum price of \$61.7830 per share and a maximum price of \$74.1396 per share for the Shares, in each case subject to adjustment for dividends received and other events. This form reflects such amendment in Table II as the simultaneous disposition of the previously reported put option and the acquisition of a new put option.